

INFOPACK

Introduction

Living in the globalized world has changed communities and people. Individuals have to adapt to this change. According to the International Organisation for Migration near 13,5 % of all people live outside their country. The current massive migration pushed people towards nationalist attitudes. In this context, it is important to promote youth participation in the field of international dialogue and to reclaim the values of the European Union.

The project "Many Cultures - One Human Race" is created with the view to supporting migrants, analyzing the migration processes and investigating the ways of establishing fears and violence towards different nationalities and finding ways of solving prejudices as concerns other nations. The cultural dialogue between participants is an essential part of our project, as the main part of activities is built on sharing the experience between people from different countries.

Furthermore, we will investigate the origins of stereotypes and the issue of mentality and their influence on human's perception of representatives of other nations.

The specific objectives of the whole project are

- to enhance intercultural learning;
- to better understand the processes of migration;
- to prevent violence, conflicts and radicalization on the basis of cultural differences;
- to acquaint young people with the tools, which will help them to influence relevant cultural misunderstandings in their countries and solve them;
- to eradicate stereotypes, prejudices as concerns migrants as well as representatives of other cultures;
- Increase motivation of the participants for further work in this field;
- build strong collaboration between participants from different countries;
- to familiarize young people with a variety of communication methods with people from other culture;
- to establish the dialogue between participants and organizations for future connections and projects.



Date and location of the Youth Exchange

The project "Many Cultures — One Human Race" will take place from February 25 to March 4.

The arrival day is February 25. At 1 pm there will be a transfer from Lviv to the venue, so by that time, you should already be in Lviv.

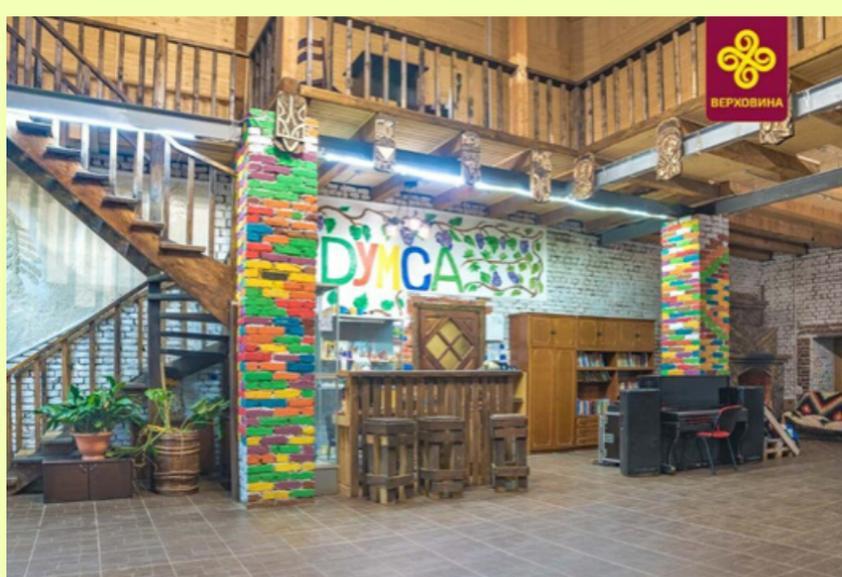
The departure day is March 4. There will be also a transfer provided from the venue to Lviv.

Also, you can have two additional travel days before February 25 or after March 4.

The project location is an open space "Dumka" (literally "thought") in an urban-type settlement **Verkhovyna** located in the Ivano-Frankivsk region in the western part of Ukraine. More information about it you can find following the website:

<https://verkhovyna.life/dymca>

LOCATION



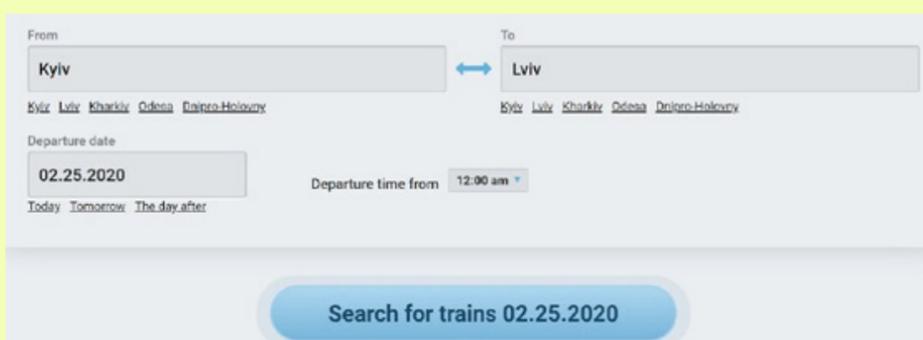
How to get to the venue?

There will be a transfer from Lviv to the venue organized by coordinators. It will take approximately 20 euros from your total travel budget per person. Thus, the best option is to arrive directly at Lviv.

There is an airport in the city, so if your plane is direct, you will arrive there. From the airport, you can get to any place in the city using public transport (price 7 UAH ~ 0,27 EUR).

However, most of the flights would probably go to Kyiv (the capital of Ukraine). In that case, from Kyiv to Lviv you can take a train which goes for 5-6 hours. To do that you should visit the site of the Ukrainian railway: <https://booking.uz.gov.ua/en/>.

Then input departure/arrive city, date and click on the search button:



The screenshot shows a search interface for train tickets. It includes fields for 'From' (Kyiv) and 'To' (Lviv), a 'Departure date' field (02.25.2020), and a 'Departure time from' field (12:00 am). Below these fields is a large blue button labeled 'Search for trains 02.25.2020'. There are also small links for 'Today', 'Tomorrow', and 'The day after' near the date field.

You will see different options. Yours are with the IC+ mark. For example:

IC+ 715 K Route	Kyiv-Pasazhyrsky Przemysl	Departure	tuesday, 01.21.2020	06:50 am 01:45 pm	6:55	<i>S1</i> 101	Choose
		Arrival	tuesday, 01.21.2020			<i>S2</i> 291	Choose

Finally, you should buy a second class ticket (S2).

Do not forget to confirm tickets before buying them by sending information to:
Adam Rebacz (Fundacja Zielony Słoń) greenelephant.foundation@gmail.com;
Olia Dobrova (FRI International) fri.ngo.international@gmail.com.

Prepare for the Youth Exchange

Before the Youth Exchange, you will also have to prepare the following tasks:

1. Make a research about the migration situation in your own country, find out organizations that support migrants and be ready to make a performance.
2. Desirable to know institutions of your own country dealing with migration issues.
3. Find out the beneficial impact of other cultures in one own country. You can also, but not obligatory, include an artwork prepared in advance before the project. Also determine, what kind of stereotypes exists in the country and the possible causes of their occurrence.
4. Come up with ideas of workshops. The task is to brainstorm possible ideas and have a general perception. You can make such a question in the application form to easily collect the ideas of participants (body language, world map, TED talk...).
5. Each team has to come up with the idea of a local project, that participants will design and implement in their country in order to support migrants or enhance intercultural dialogue. You can already think about it. However, you will have time for that during the project.
6. Prepare the intercultural evening. But please without PowerPoint presentations and "short" videos. You can take national clothes, food, drinks, etc. Make it as entertaining as possible.
7. Prepare for the NGO fair. Please take leaflets, photos, anything which might help you to interactively introduce the organization you represent.
8. Bring your own headphones. You will need them for the activity.
9. You are also invited to contribute to our International Sweet Box. Bring some sweets from your country (candies, biscuits, cookies, etc) for coffee breaks which will be provided during the Youth Exchange.

Prepare for the reimbursement of the Youth Exchange

We are able to cover 100% of your travel expenses under the conditions of Erasmus plus rules on reimbursement limitations per country. This includes all of your travel costs, including the trip from the airport to the venue. In order to get your travel costs reimbursed you need to keep and present ALL PROOFS of your expenditure: invoices, tickets, boarding passes, etc.

Travel costs will be reimbursed by bank transfer under the following conditions:

- Only the cheapest means of transportation and fares will be reimbursed (e.g. 2nd class tickets).
- A bank transfer will be made as soon as we receive all the proof of your travel: original receipts/invoices, boarding passes and tickets from your travel.

INSURANCES: All participants are responsible for their own travel insurance. Please, note that there is not any reimbursement for the insurance.

VISA: Please also notice that the project cannot reimburse visa spending and if you need support in making a visa, please contact us: fri.ngo.international@gmail.com.

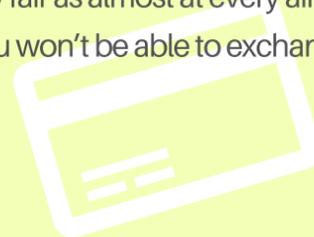
Country of origin	Reimbursement
Poland	180 EUR
Ukraine	180 EUR
France	275 EUR
Jordan	360 EUR
Italy	275 EUR
Armenia	275 EUR

Weather

The weather in February/March in Ukraine is quite cold. Expect the temperature to be 0-10 degrees during the day and down to -5 degrees at night. Also, most likely you will encounter snow and rain, so please take waterproof and warm clothes.

Currency

Ukrainian national currency is the Ukrainian hryvnia (UAH). The rate is 1 euro ~ 25 UAH. You can change the most popular currencies almost everywhere in the city you'll arrive. You also can pay with the card almost everywhere in the city or withdraw your money from the ATM - but check the fees and currency exchange fees with your bank in advance. At the airport, it is also possible to withdraw or exchange, but bear in mind, please, that the airport exchange rates are not really fair as almost at every airport. Please notice that in the venue where the project will be held, you won't be able to exchange or withdraw money. So do it in Lviv or Kyiv.



The agenda of the Youth Exchange

TIMETABLE							
	26.02.2020	27.02.2020	28.02.2020	29.02.2020	01.03.2020	02.03.2020	03.03.2020
ARRIVAL DAY	BREAKFAST						
	Opening of the youth exchange, presentation of the project and its agenda, setting ground rules	Country life	Black or white?	I'm Japanese, I'm British, I'm Turkish...	Should EU accept immigrants?	Our sophisticated world	Migration tree and PIS
	COFFEE BREAK						
	Getting to know each other	What is migration	Imagine	Once upon a time	Cages		Youthpass, secret friend reveal
	LUNCH						
	Expectations, contributions and challenges, workshop distribution	What if...	Who am I?	Thermometer	Media VS Reality	Our sophisticated world	Follow up plans and task division
	COFFEE BREAK						
	Teambuilding and icebreaking games, secret friend	Society	Migrants and Laws	Workshop by participants, presentations of hometask	Workshop by participants, presentations of hometask		Evaluation of the project
	Reflection	Reflection	Reflection	Reflection	Reflection	Reflection	Final reflection and closure of the youth exchange
	DINNER						
NGO fair	Intercultural evening	Intercultural evening	Free evening	Dance evening	Free evening	Farewell party	
DEPARTURE DAY							